



**thehealthline.ca**

**INFORMATION NETWORK**

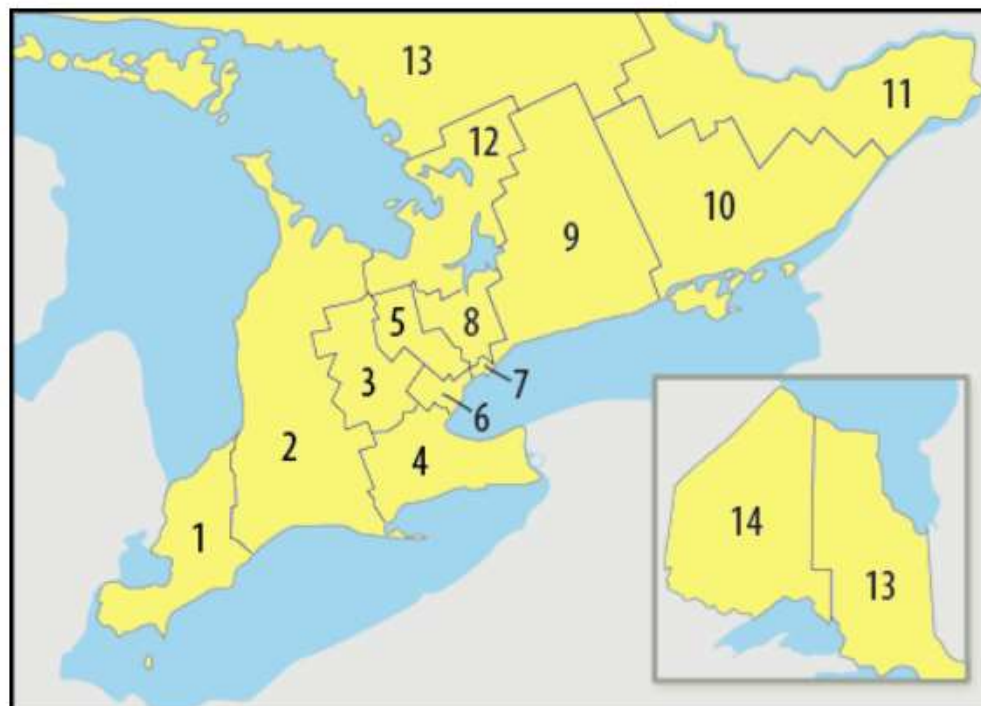
A single point of access for health and community  
services across Ontario

Find local health and community services across Ontario:

Enter your city or postal code



1. [Erie St. Clair](#)
2. [South West](#)
3. [Waterloo Wellington](#)
4. [Hamilton Niagara Haldimand Brant](#)
5. [Central West](#)
6. [Mississauga Halton](#)
7. [Toronto Central](#)



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<b>Mississauga Halton</b>	<b>Halton Hills</b>	<b>Milton</b>	<b>Oakville</b>	<b>North West Mississauga</b>	<b>South West Mississauga</b>	<b>East Mississauga</b>	<b>South Etobicoke</b>	
<a href="#">HEALTH SERVICES</a>		<a href="#">HEALTH CAREERS</a>		<a href="#">HEALTH NEWS</a>		<a href="#">HEALTH EVENTS</a>		<a href="#">HEALTH RESOURCES</a>

## HEALTH SERVICES FOR MISSISSAUGA HALTON

November 1, 2021

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### Making Choices

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### YOUR HOME AND COMMUNITY CARE SUPPORT SERVICES



- ▶ [Find Services Near Me](#)
- ▶ [Find Services Across Ontario](#)

# Database Content

- Over 47 000 profiles of organizations and programs (more than 5 000 displayed on the [MississaugaHaltonhealthline.ca](http://MississaugaHaltonhealthline.ca) site)
- More than 350 categories of information to help you search
- Service area maps help you search in your own neighbourhood
- Partner websites, integrated tools and resources that add to the information you find
- Over 11 million visits to the sites in the last 12 months – 1.4 million sessions in Mississauga Halton

# What's in there?

- **Healthcare** (hospitals, walk-in clinics, long-term care homes)
- **Home and community care** (in-home nursing, adult day programs, meal delivery)
- **Regulatory bodies and professional associations**
- **Public health**, promotion and prevention
- **Disease and condition-specific** services
- **Mental health, addictions, violence and abuse services**
- **Population-focused** (women, indigenous peoples, children, youth, people with disabilities)
- **Basic needs and social supports** (food banks, shelters, employment, education)
- **Information and government services** (libraries, municipalities, legal, health coverage and planning)

# How can I find what I need?

MississaugaHaltonhealthline.ca

SUBMIT CONTENT | FRANÇAIS | HELP

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## YOUR HOME AND COMMUNITY CARE SUPPORT SERVICES



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## Services

A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

# Find what I need – search tool

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Search: falls

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Health Services for Mississauga Halton

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Falls

- Falls Prevention
- Falls Assessment and Prevention Programs
- Falls Assessment
- Falls Prevention and Bone
- Falls Prevention and Bone Health
- Falls Prevention Program
- Falls Assessment and Prevention
- Falls Prevention Program and Group

Map of Mississauga Halton showing regions: HALTON HILLS, MILTON, NORTH WEST MISSISSAUGA, OAKVILLE, EAST MISSISSAUGA, SOUTH MISSISSAUGA, SOUTH WEST MISSISSAUGA, SOUTH ETOBICOKE.

- Find Services Near Me
- Find Services Across Ontario

# Find what I need – search tool

 Falls Prevention

Results 1 - 10 of about 916 for Falls Prevention

## RECOMMENDATIONS

### [Safety and Injury Prevention](#)

<http://www.mississaugahaltonhealthline.ca/listservices.aspx?id=10358>

### [Falls Assessment and Prevention Programs](#)

<http://www.mississaugahaltonhealthline.ca/listservices.aspx?id=10974>

### [Exercise and Falls Prevention Programs](#)

<http://www.mississaugahaltonhealthline.ca/listservices.aspx?id=10986>

## TOPICS

[Exercise and Falls Prevention Programs](#) [Rehabilitative Care - Fall Prevention Programs](#) [Bone Disease](#) [Elder Abuse and Neglect](#) [Safety and Injury Prevention](#)

## SEARCH RESULTS

### [Lifemark Seniors Wellness - Exercise and Falls Prevention and Osteoporosis Program](#)

Exercise classes, **falls prevention** and osteoporosis programs for seniors, older adults with disabilities and those that suffer from chronic illness Group exercise and **falls**...

<https://www.mississaugahaltonhealthline.ca/displayService.aspx?id=163715> [Voir en français](#)



# Find what I need – category search

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## SENIORS - MISSISSAUGA HALTON

In this section older adults can connect with local programs and services that provide support, health care, and recreational and social opportunities designed for seniors.

Information is also available on [Residential Care](#) and [Home and Community Care](#).

- ▶ [Adult Day Programs](#)
- ▶ [Advocacy and Social Action for Seniors](#)
- ▶ [Alzheimer's Disease and Related Dementias](#)
- ▶ [Apartments with Supports](#)
- ▶ [Assisted Living Services for High-Risk Seniors](#)
- ▶ [Caregiver Support Services](#)
- ▶ [Community Support Services](#)
- ▶ [Drug Benefits](#)
- ▶ [Elder Abuse and Neglect](#)
- ▶ [Exercise and Falls Prevention Programs](#)
- ▶ [Falls Prevention Programs](#)
- ▶ [Financial Assistance for Seniors](#)
- ▶ [Fitness, Recreational and Social Programs for Seniors](#)
- ▶ [Geriatric Services \(Aging Related Health Care\)](#)
- ▶ [Healthy Aging](#)
- ▶ [Helplines for Seniors](#)
- ▶ [Home and Community Care Support Services](#)

## YOUR HOME AND COMMUNITY CARE SUPPORT SERVICES



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## CAREGIVER SUPPORT SERVICES - MISSISSAUGA HALTON

A caregiver is someone who looks after a sick, frail or disabled relative, friend, or neighbour. Supportive programs and services are available to help caregivers cope with their responsibilities and may include self-help, informal counselling, recreation and resources.

See also [Respite Care](#).

For service information, articles, and caregiving resources, you can also visit [CaregiverExchange.ca](#).



### Filter Options:

Enter a postal code or community name

These services serve all or part of Mississauga Halton

[Acclaim Health - Community Support Services - Friendly Visiting](#) 905-827-8800 [Add to Clipboard](#)  
Main Office, 2370 Speers Rd, Oakville, ON L6L 5M2

[Acclaim Health - Patty's Place - Dementia Care Centre - Caregiver Education and Support](#) 905-847-9559 [Add to Clipboard](#)  
Main Office, 2250 Speers Rd, Oakville, ON L6L 2X8

[Alzheimer Society Peel](#) 905-278-3667 ext 307 [Add to Clipboard](#)  
60 Briarwood Ave, Mississauga, ON L5G 3N6

[Alzheimer Society Peel - First Link](#) 905-278-3667 ext 314 [Add to Clipboard](#)  
385 Brunel Rd, Mississauga, ON L4Z 1Z5



[Brain Injury Association of Peel and Halton](#) 905-823-2221 [Add to Clipboard](#)  
Plaza 4, , ON L5N 1W1

[Dixie Bloor Neighbourhood Centre](#) 905-629-1873 [Add to Clipboard](#)  
3650 Dixie Road, Suite 103, Mississauga, ON L4Y 3V9

# Find what I need – detailed information

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COVID-19 Service Changes: Locations are closed and staff are working from home and providing alternate supports.

<b>Program:</b>	<b>First Link</b>
<b>Organization:</b>	<a href="#">Alzheimer Society Peel</a>
<b>Phone Numbers:</b>	905-278-3667 ext 314
<b>Fax:</b>	905-507-1991
<b>Email:</b>	<a href="mailto:first.link@alzheimersociety.ca">first.link@alzheimersociety.ca</a>
<b>Website:</b>	<a href="http://alzheimersociety.ca/peel/en/help-support/programs-service...">alzheimersociety.ca/peel/en/help-support/programs-service...</a>
<b>Address:</b>	385 Brunel Rd Mississauga, ON L4Z 1Z5 
<b>Intersection:</b>	Kennedy Rd and Brunel Rd
<b>Location:</b>	Mississauga (Gateway)
<b>Accessibility:</b>	 Wheelchair Accessible
<b>Hours:</b>	Mon-Fri 8am-4pm
<b>Public Contacts:</b>	Ripley McIntosh - Mississauga Halton First Link Coordinator <a href="mailto:r.mcintosh@alzheimersociety.ca">r.mcintosh@alzheimersociety.ca</a>
<b>Service Description:</b>	Referral program that links individuals and families affected by Alzheimer's disease or related dementia to a community of learning, services and support <ul style="list-style-type: none"><li>• provides access for individuals living with dementia and their caregivers to comprehensive and coordinated services</li><li>• people and families are connected with support from a counselor when a First Link Referral is made by a health care professional or community agency</li><li>• caregiver support groups and counseling sessions</li><li>• increased effective and efficient utilization of community resources</li><li>• one-on-one non-therapeutic counseling and group supports for caregivers, including family and friends</li></ul>
<b>Fees:</b>	Free
<b>Application:</b>	Call * referral not required
<b>Eligibility / Target Population:</b>	People living with mild cognitive impairment (MCI), Alzheimer Disease or related dementias, and their caregivers
<b>Languages:</b>	English
<b>Area Served:</b>	Peel Region and Halton Region
<b>See Also:</b>	<a href="#">Alzheimer's Disease and Related Dementias</a> <a href="#">Caregiver Support Services</a> <a href="#">Information and Referral Services</a>

Updated June 8, 2021  
[Suggest an Update](#)

## Find Similar Services

[Alzheimer's Disease and Related Dementias](#)  
[Caregiver Support Services](#)  
[Information and Referral Services](#)

## "About Us"

Working with individuals affected by Alzheimer's disease and related dementia to a community of learning, services and support

## Downloads:

 [First Link Referral Form \(2019\)](#)

# Sharing information

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[Suggest an Update](#)

**Find Similar Services**  
[Alzheimer's Disease and Related Dementias](#)  
[Caregiver Support Services](#)  
[Information and Referral Services](#)

**Program:** First Link

**Organization:** [Alzheimer Society Peel](#)

**Phone Numbers:** [905-278-3667 ext 314](#)

# Health Resources

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## HEALTH RESOURCES



### [Mississauga Halton Stroke Resources](#)

If you, or someone you care about, has had a stroke, you probably want to know where you can get more information and help. Learn more about the many services available to help people who have survived a stroke, their family members and their caregivers



### [Interprofessional Comprehensive Geriatric Assessment Toolkit](#)

This toolkit provides foundational information and learning resources related to Comprehensive Geriatric Assessment.



### [Caregiver Exchange](#)

Information about caregiving, including news, services and events



### [2021-2022 Flu Clinic Information and News](#)

Flu season is just around the corner! Click on the link to the left to find important flu shot facts, [2021-2022 immunization clinics locations](#), and the latest flu news for the Mississauga/Halton area.

# Thank you!

- Follow Home and Community Care Services
  - Twitter @MH\_LHIN
  - Facebook @Miss.HaltonLHIN
- Email [mhhealthline@lhins.on.ca](mailto:mhhealthline@lhins.on.ca)
- For information about thehealthline.ca Information Network, contact [norah.cuzzocrea@thehealthline.ca](mailto:norah.cuzzocrea@thehealthline.ca)