

## Anger Management

### OHIP – Covered Services

Agency Name	Contact Information	Services Offered
<b>North York General Hospital Mental Health and Justice Program</b>	416-756-6919  <a href="https://www.nygh.on.ca/areas-care/mental-health/mental-health-and-justice-program?cid=1217&amp;lang=1#justice">https://www.nygh.on.ca/areas-care/mental-health/mental-health-and-justice-program?cid=1217&amp;lang=1#justice</a>	Services: Eight-week anger management groups Eligibility: People registered in the hospital's Mental Health and Justice Treatment program; must be involved with the court system, be age 18 or older and have a mental health issue Referral: Physician or court order Free
<b>Parkdale Community Health Centre</b>	416 537-2455 ext. 1306  <a href="https://pqwchc.org/programs-services/counselling-and-case-management/counselling/">https://pqwchc.org/programs-services/counselling-and-case-management/counselling/</a>	Services offered: Individual and group-based anger management counselling Eligibility: Age 16+ living in the GTA; includes people mandated by the law to take an anger management course and people interested in taking the course for their own personal growth Referral: Probation officers, physicians, or other professionals; self-referral Notes: Call to book an assessment or appointment. Priority given to people involved with the justice system (law/court mandated)

## Men-Only Services

Agency Name	Contact Information	Services Offered
<b>Catholic Family Services of Toronto</b>	416-222-0048 <a href="https://www.cfstoronto.com/">https://www.cfstoronto.com/</a>	10-week group program for men who have been emotionally and/or physically abusive in their relationships with women Self-Referral Fees: Counselling fees based on income level. No one is denied services because of their inability to pay fees.
<b>John Howard Society of Toronto</b>	416-925-4386 <a href="https://johnhoward.on.ca/">https://johnhoward.on.ca/</a>	Six-session anger management groups Self-Referral Fee: \$100
<b>Rainbow/Korean Information and Social Services</b>	416-531-6701	Anger management, counselling Eligibility: Korean newcomers, including seniors and students
<b>Salvation Army Correctional Justice Services</b>	416-304-1974 <a href="http://www.salvationarmy.ca">www.salvationarmy.ca</a>	Anger and Relationships Program Self-Referral Fee: \$150

## Women-Only Services

Agency Name	Contact Information	Services Offered
<b>Elizabeth Fry Society Mississauga</b>	905-624-1755 <a href="http://efrypeelhalton.ca/">http://efrypeelhalton.ca/</a>	Anger management groups and programs for women.
<b>Elizabeth Fry Society Toronto</b>	416-924-3708 ext. 235 <a href="https://www.efrytoronto.org/">https://www.efrytoronto.org/</a>	Anger management groups and programs for women.
<b>Salvation Army Homestead Addiction Services</b>	416-921-0953 ext. 228 <a href="http://www.salvationarmyhomestead.org">www.salvationarmyhomestead.org</a>	Eight-week anger management groups for women